

# FALL 2025 ASA MONDAYS

## ARTS ALIVE - CREATIVE MOVEMENT

3S - 12:45PM-1:15PM; \$300  
PRE-K - 2:00PM-2:30PM; \$300

ARTS ALIVE! CREATIVE MOVEMENT INCLUDES PROCESS-ORIENTED PLAY-BASED ACTIVITIES LED THROUGH THEMATIC CURRICULUM INCORPORATING PROPS AND INSTRUMENTS. ALL CLASSES TEACH FINE AND GROSS MOTOR SKILLS, COGNITIVE SKILLS, AND SOCIAL SKILLS. PRACTICING ALL THESE SKILLS TOGETHER, WHILE MOVING AND USING THEIR IMAGINATION, STUDENTS UNLOCK THE HIGHER-ORDER THINKING CENTER OF THE BRAIN EXPANDING THEIR FUTURE ACADEMIC SUCCESS! IT IS EDUCATION THROUGH IMAGINATION.

10 SESSIONS  
MINIMUM OF 5 STUDENTS

## HAPPY HANDS

3S - 12:45PM-1:30PM; \$325  
PRE-K - 2:00PM-2:45PM; \$325

THE HAPPY HANDS PROGRAM WAS CREATED BY AN OCCUPATIONAL THERAPIST TO HELP DEVELOP CHILDREN'S FINE MOTOR SKILLS. ACTIVITIES AND LESSONS FOCUS ON SENSORY-MOTOR COMPONENT FOR STRENGTHENING THE UPPER BODY, FINE MOTOR GAMES AND ART PROJECTS THAT MAKE FINE MOTOR SKILL BUILDING MORE FUN. THE PROGRAM FOLLOWS LEARNING WITHOUT TEARS TO HELP TEACH LETTER FORMATION.

10 SESSIONS  
MINIMUM OF 4 STUDENTS

## KUNG FU

PRE-K - 2:00PM-2:30PM; \$260  
K-4TH - 3:30PM-4:15PM; \$260

TINY TIGERS KUNG FU CLASSES ARE STRUCTURED TO OFFER A WIDE RANGE OF BENEFITS FOR ALL PARTICIPANTS' AGES AND ABILITIES. OUR STUDENTS DO MORE THAN SIMPLY IMPROVE THEIR PHYSICAL FITNESS. THEY WILL LEARN TO FOLLOW INSTRUCTIONS, BUILD SELF-ESTEEM, DEVELOP FOCUS AND CONTROL, DEVELOP BALANCE AND COORDINATION, LEARN SELF-DEFENSE, AND SELF-AWARENESS, AND DEVELOP SOCIAL SKILLS AND TEAMWORK. MOST OF ALL HAVE TONS OF FUN.

10 SESSIONS  
MINIMUM OF 4 STUDENTS

# FALL 2025 ASA MONDAYS

## VOLLEYBALL

**NEW!**

K-5TH – 3:30PM-4:30PM; \$325

SET, SPIKE, AND SERVE YOUR WAY TO SUCCESS! NEXPLORE VOLLEYBALL TAKES STUDENTS ON AN ACTION-PACKED JOURNEY OF SPORTSMANSHIP, ATHLETICISM, AND TEAMWORK. YOUNG ATHLETES WILL DEVELOP AND ENHANCE THEIR ENERGY LEVELS, COORDINATION, AND FOCUS AS THEY PRACTICE AND COMPETE. NEXPLORE'S EXPERT COACHES GUIDE STUDENTS THROUGH BASICS LIKE PASSING, SETTING, AND HITTING TO COMPLEX STRATEGIES AND HOW TO READ AN OPPONENT. BEYOND PHYSICAL CHALLENGES, VOLLEYBALL REQUIRES COLLABORATION, COMMUNICATION, AND PLANNING, AND STUDENTS BUILD THOSE IMPORTANT LIFE SKILLS, TAKING THEM OFF THE COURT AND INTO THEIR FUTURE.

10 SESSIONS  
 MINIMUM OF 8 STUDENTS

## HOUSTON HOCKEY

**NEW!**

1ST-5TH – 3:30PM-4:45PM; \$200

HOUSTON HOCKEY COMMUNITY "NHL STREET" REDEFINES THE SPORT OF HOCKEY WITH A VIBRANT NEW STYLE AND ENERGY. WE ARE COMMITTED TO CREATING AN AFFORDABLE, COMMUNITY-BASED MODEL THAT OPENS DOORS FOR KIDS EVERYWHERE TO LEARN AND PLAY. THROUGH ENGAGING GAMES, PRACTICE SESSIONS, AND MINI DRILLS, WE EMPOWER YOUNG ATHLETES TO PURSUE THEIR PASSION. EACH PARTICIPANT RECEIVES A REVERSIBLE NHL TEAM SHIRT OF THEIR CHOICE, UNITING THEM IN THE SPIRIT OF THE GAME.

10 SESSIONS  
 MINIMUM OF 6 STUDENTS

## EAGLES 4TH

MONDAYS & WEDNESDAYS  
 4TH – 3:30PM-4:30PM; \$500

PRACTICES ARE ON MONDAY AND WEDNESDAYS WITH COACH WEISER. BASKETBALL FUNDAMENTALS AND STRATEGIC GAME PLAY WILL BE TAUGHT TO PREPARE PARTICIPANTS FOR COMPETITION GAMES AGAINST OTHER TEAMS. THE COST INCLUDES UNIFORMS, REFEREES, AND COURT RENTALS FOR HOME GAMES, TROPHIES, AND AN END-OF-SEASON TEAM PARTY. PARTICIPANTS WILL COMPETE IN 2-3 GAMES AT JACK SEGAL ACADEMY.

SESSIONS STARTS ON AUGUST 25 THROUGH JANUARY 28.

SESSIONS STARTS ON AUGUST 25  
 THROUGH JANUARY 28

# FALL 2025 ASA TUESDAYS

## SOCCER STARS

2S - 12:15PM-12:45PM; \$290  
 3S - 1:00PM-1:30PM; \$290  
 PRE-K - 2:00PM-2:30PM; \$290  
 K-4TH - 3:30PM-4:15PM; \$290

SET IN A FUN, NON-COMPETITIVE ENVIRONMENT, SOCCER STARS OFFERS THE NATION'S MOST POPULAR CHILDREN'S SOCCER PROGRAM FOR KIDS AGES 2 AND UP. BACKED BY 20 YEARS OF EXPERIENCE, SOCCER STARS OFFERS A UNIQUE, AGE-SPECIFIC CURRICULUM THAT IS CRAFTED TO IMPROVE SOCCER SKILLS, BUILD SELF-CONFIDENCE, AND DEVELOP SOCIALIZATION SKILLS.

11 SESSIONS  
 MINIMUM OF 6 STUDENTS

## BALLET

2S - 12:30PM-1:00PM; \$305  
 3'S - 1:05PM-1:50PM; \$330  
 PRE-K - 2:00PM-2:45PM; \$330  
 K-4TH - 3:30PM-4:15PM; \$330

TIPPI TOES USES MOVEMENT, BALANCE, AND BALLET IN A FUN, FRIENDLY, AND POSITIVE MANNER. OUR INSTRUCTORS KEEP THE MUSIC AND CURRICULUM MOVING ALONG WHILE ENCOURAGING, SUPPORTING, AND KEEPING LITTLE DANCERS ON TRACK. PRE-K DANCERS WILL LEARN THE BASIC TECHNIQUES OF ALL THREE GENRES (BALLET, TAP & JAZZ). DANCERS IN THIS CLASS WILL ENJOY BEING SILLY, USING THEIR IMAGINATION, AND HAVING FUN WITH THEIR FRIENDS. HIGH ENERGY MUSIC IS USED TO ENSURE DANCERS ARE LEARNING AND MOVING THROUGHOUT THE DANCE CLASS.

11 SESSIONS  
 MINIMUM OF 6 STUDENTS

## MUSIC

**NEW!**

3S - 12:45PM-1:30PM; \$355  
 PRE-K - 2:00PM-2:45PM; \$355

MUSIC COMES ALIVE WITH THIS MULTISENSORY MUSIC PROGRAM! USING COLORFUL, TONAL TUBES CALLED BOOMWHACKERS®, STUDENTS EXPERIENCE THE JOYS OF COMBINING MUSIC AND MOVEMENT. BOOMWHACKERS® ARE LIGHTWEIGHT, COLOR-CODED TUBES, TUNED TO A MUSICAL PITCH BY THEIR LENGTH. WHEN “WHACKED,” THESE HOLLOW PLASTIC TUBES PRODUCE A UNIQUE “BOOM” SOUND, WHICH WHEN PLAYED IN A GROUP, CREATES DYNAMIC AND INTERESTING MUSIC. OVER THE COURSE OF THIS PROGRAM, STUDENTS BUILD A FOUNDATIONAL UNDERSTANDING AND APPRECIATION OF MUSIC WHILE PLAYING MEMORABLE TUNES AND BONDING TOGETHER.

11 SESSIONS  
 MINIMUM OF 8 STUDENTS



JACK SEGAL ACADEMY  
*of Beth Yeshurun*  
endowed by  
RHONA and BRUCE CARESS

# FALL 2025 ASA TUESDAYS

## ENERGIZE

**NEW!**

PRE-K - 2:00PM-2:45PM; \$355

K-5TH - 3:30PM-4:30PM; \$355

GET ACTIVE, STAY HEALTHY, AND HAVE FUN!

NEXPLORE ENERGIZE USES COOPERATIVE GAMES AND ACTIVITIES TO GET STUDENTS OUTSIDE AND MOVING! EXPERT INSTRUCTORS LEAD STUDENTS THROUGH ENGAGING AND FUN CHALLENGES IN A NON-COMPETITIVE ENVIRONMENT TO BUILD PHYSICAL SKILLS LIKE HAND-EYE-FOOT COORDINATION, THROWING AND CATCHING, KICKING AND RECEIVING, AND FUNDAMENTAL RACQUET TECHNIQUES. BEYOND THESE SKILLS, YOUNG ATHLETES LEARN THE IMPORTANCE OF HEALTHY HABITS, FITNESS, AND HOW TO UNDERSTAND THEIR BODIES. ENERGIZE HELPS STUDENTS DEVELOP CONFIDENCE, BUILD POSITIVE HABITS, AND ENJOY STAYING ACTIVE—ALL IN A SUPPORTIVE AND ENGAGING ENVIRONMENT.

11 SESSIONS  
MINIMUM OF 8 STUDENTS

## EAGLES 5TH

TUESDAYS & THURSDAYS

5TH - 3:30PM-4:30 PM; \$500

5TH GRADERS IN JACK SEGAL ACADEMY'S  
BASKETBALL LEAGUE.

PRACTICES ARE ON TUESDAYS AND THURSDAYS WITH COACH WEISER, WHERE THE FUNDAMENTALS OF BASKETBALL WILL BE TAUGHT. A FORMAL PARENT MEETING WILL BE SCHEDULED TO DISCUSS GAME DAYS AFTER REGISTRATION IS CLOSED. THE COST INCLUDES UNIFORMS, REFEREES, AND COURT RENTALS FOR HOME GAMES, TROPHIES, AND AN END-OF-SEASON TEAM PARTY.

SESSIONS STARTS ON AUGUST 26 THROUGH JANUARY 29.

SESSIONS STARTS ON AUGUST 26  
THROUGH JANUARY 29





JACK SEGAL ACADEMY  
*of Beth Yeshurun*  
endowed by  
RHONA and BRUCE CARESS

# FALL 2025 ASA WEDNESDAYS

## YOGA

2'S – 12:30PM-1:00PM; \$240  
3'S – 1:05PM-1:50PM; \$260  
PRE-K – 2:00PM-3:00PM; \$290  
K-4TH – 3:30PM-4:30PM; \$290

YOGA FOR KIDS HELPS CHILDREN DEVELOP FLEXIBILITY, FOCUS, AND COORDINATION FOR A BALANCED LIFE. YOGA PROVIDES PHYSICAL AND EMOTIONAL HEALTH BENEFITS, AND CHILDREN HAVE A BLAST PUTTING TOGETHER SEQUENCES, LEARNING BREATHING TECHNIQUES, PLAYING GAMES, DANCING, AND CREATING THEIR OWN YOGA ADVENTURES! WE ALSO FOCUS ON MINDFULNESS SUCH AS EMPATHY, GRATITUDE, QUIETING THE MIND, AND THE POWER OF POSITIVE THINKING. KIDS' YOGA HELPS TO INCREASE CONFIDENCE, BUILD FOCUS, DEVELOP SELF-AWARENESS, AND RELEASE ENERGY.

10 SESSIONS  
MINIMUM OF 5 STUDENTS

## SOCGER SHOTS

2'S – 12:15-12:45PM; \$200  
3'S – 1:00PM-1:45PM; \$200  
PRE-K – 2:00PM-2:45PM; \$200  
K-2ND – 3:30PM-4:15PM; \$200

SOCGER SHOTS IS AN ENGAGING PROGRAM WITH A FOCUS ON CHARACTER DEVELOPMENT THAT POSITIVELY IMPACTS CHILDREN'S LIVES ON AND OFF THE FIELD THROUGH BEST-IN-CLASS COACHING, CURRICULUM, AND COMMUNICATION. OUR CURRICULUM IS EXPERT-APPROVED, AGE-APPROPRIATE, AND ALIGNED WITH CHILDHOOD EDUCATION STANDARDS. OUR CLASSES INCLUDE BASIC SOCCER SKILLS; CHARACTER-BUILDING LESSONS; COORDINATION, BALANCE, AND AGILITY DEVELOPMENT; EXCLUSIVE GAMES; WEEKLY & SEASONAL PRIZES.

9 SESSIONS  
MINIMUM OF 4 STUDENTS

## LEGO

PRE-K – 2:00PM-2:45PM; \$400  
K-5TH – 3:30PM-4:30PM; \$400

STUDENTS BUILD SIMPLE MACHINES USING GEARS, LEVERS AND PULLEYS AND THEN MOTORIZE THEM USING LEGO AND K'NEX EDUCATIONAL KITS AND CURRICULUM WHILE BUILDING MATH AND SCIENCE SKILLS. USING THE NEWEST LEGO EDUCATIONAL KIT, STUDENTS CHALLENGE ONE ANOTHER TO CREATE, BUILD AND TEST THE BEST DESIGN. STUDENTS WILL LEARN WHY A MACHINE WORKS AND HOW TO MANIPULATE A MACHINE TO GO FASTER OR SLOWER. FINE MOTOR SKILLS, CRITICAL THINKING SKILLS; IMAGINATION AND CONFIDENCE WILL INCREASE IN THIS FUN-FILLED CLASS ATMOSPHERE. WE TEACH DIVISION USING GEAR RATIOS.

10 SESSIONS  
MINIMUM OF 5 STUDENTS



JACK SEGAL ACADEMY  
*of Beth Yeshurun*  
endowed by  
RHONA and BRUCE CARESS

# FALL 2025 ASA WEDNESDAYS

## ZUMBA® KIDS

**NEW!**

PRE-K – 2:00PM-2:45PM; \$325

K-4TH – 3:30PM-4:30PM; \$325

A PERFECT MIX OF EXERCISE AND EXCITEMENT! ZUMBA® KIDS AND ZUMBA® KIDS JR. FITNESS CLASSES ARE ROCKING DANCE PARTIES PACKED WITH SPECIALLY CHOREOGRAPHED, AGE-APPROPRIATE ROUTINES. STUDENTS WILL LOVE MOVING TO THE HIGH-ENERGY MUSIC, WHICH INCLUDES HIP-HOP, REGGAETON, CUMBIA, AND MORE. THIS COURSE HAS MANY POSITIVE EFFECTS LIKE HOW ZUMBA® INCREASES FOCUS, BUILDS SELF-CONFIDENCE, BOOSTS METABOLISM, AND ENHANCES COORDINATION. ZUMBA® KIDS AND ZUMBA® KIDS JR. INSPIRE STUDENTS TO EXPRESS THEMSELVES THROUGH MOVEMENT AND PLAY WHILE EFFECTIVELY IMPROVING THEIR OVERALL HEALTH AND WELL-BEING.

10 SESSIONS  
MINIMUM OF 8 STUDENTS

## BASKETBALL

**NEW!**

1ST-3RD – 3:30PM-4:30PM; \$325

DRIBBLE INTO THE DYNAMIC WORLD OF BASKETBALL.

IN NEXPLORE BASKETBALL, PLAYERS LEARN MORE THAN JUST TO DRIBBLE, SHOOT, AND SLAM-DUNK! PACKED WITH HIGH-ENERGY DRILLS AND TEAMWORK-BUILDING CHALLENGES, THIS COURSE HELPS PLAYERS OF ALL SKILL LEVELS BUILD CONFIDENCE AND SPORTSMANSHIP. STUDENTS LEARN TO MANAGE BOTH SUCCESS AND FAILURE WHILE FORGING STRONG FRIENDSHIPS WITH THEIR TEAMMATES AND IMPROVING THEIR ENDURANCE AND STRENGTH. PLAYERS WILL HAVE A BLAST ON THE COURT WHILE MASTERING BASKETBALL THROUGH JOYFUL MOVEMENT.

10 SESSIONS  
MINIMUM OF 8 STUDENTS

# FALL 2025 ASA THURSDAYS

## LE PETIT ARTELIER

CDO & 2S 12:30PM-1:00PM; \$415  
 3S 1:10PM-1:40PM; \$415  
 PRE-K 2:00PM-2:45PM; \$445

THIS ART CLASS EXPLORES THE ART PROCESS. STUDENTS FOCUS ON THE CREATION OF WORK AND NOT THE PRODUCT. BY FOCUSING ON THE PROCESS OF ART-MAKING, CHILDREN LEARN TO THINK CREATIVELY, PROBLEM-SOLVE, AND THINK CRITICALLY. THE CLASS IS SELF-DIRECTED. EACH CHILD CHOOSES WHAT TO DO WITH THE MATERIALS PRESENTED. IT IS AN OPEN-ENDED ART EXPERIENCE WHERE THE CHILD CONTROLS THE OUTCOME OF THEIR CREATION.

13 SESSIONS  
 MINIMUM OF 3 STUDENTS

## ARTS ALIVE

CDO & 2S 12:30PM-1:00PM; \$380 (CREATIVE MOVEMENT)  
 3S 1:10PM-1:40PM; \$380 (STORYTELLING)  
 PRE-K 2:00PM-2:30PM; \$380 (STORYTELLING)

IS ESPECIALLY DESIGNED FOR YOUNG STORYTELLERS AGED 3-6! CHILDREN WILL EMBARK ON A JOURNEY OF CREATIVITY, INSPIRATION, AND ENDLESS STORYTELLING POSSIBILITIES. OUR STORYTELLING CLASS IS AN INTERACTIVE ADVENTURE WHERE WORDS COME TO LIFE AND EVERY CHILD BECOMES THE AUTHOR OF THEIR OWN ADVENTURES. ARTS ALIVE! STORYTELLING USES SMALL OBJECTS THAT WE CALL THINKITS TO INSPIRE STORIES FROM THE CHILDREN. IT WILL INSPIRE YOUR CHILD'S CREATIVITY, BOOST THEIR CONFIDENCE IN EXPRESSING THOUGHTS AND IDEAS, AND KINDLE A 2LIFELONG LOVE FOR THE MAGIC OF STORYTELLING. OUR MISSION IS TO FOSTER A LOVE FOR STORYTELLING AND ENCOURAGE IMAGINATIVE THINKING IN A SUPPORTIVE AND NURTURING ENVIRONMENT.

13 SESSIONS  
 MINIMUM OF 5 STUDENTS

## SPANISH - LANGUAGE KIDS

**NEW!**

2S & 3S 12:30 PM-1:00 PM; \$305  
 PRE-K 2:00PM-2:45PM; \$305  
 K-2ND 3:30PM-4:15PM; \$305

AT LANGUAGE KIDS WORLD, WE GUIDE CHILDREN ON A JOYFUL JOURNEY INTO FOREIGN LANGUAGES, FOSTERING FLUENCY, FRIENDSHIP, AND CURIOSITY ABOUT DIVERSE CULTURES. OUR FUN, AUTHENTIC LESSONS ENGAGE YOUNG LEARNERS, HELPING THEM APPRECIATE THE BEAUTY OF LANGUAGES AND DIVERSE PERSPECTIVES. OUR IMMERSION PROGRAMS OFFER DYNAMIC LEARNING EXPERIENCES, IMMERSING CHILDREN IN LANGUAGE AND CULTURE. WE CULTIVATE OPEN-MINDED GLOBAL CITIZENS WHO EMBRACE CULTURAL DIVERSITY AND THE UNIQUE QUALITIES OF OTHERS, CONTRIBUTING TO A MORE HARMONIOUS WORLD. THROUGH LAUGHTER, LEARNING, AND FRIENDSHIP, WE AT LANGUAGE KIDS WORLD ARE COMMITTED TO MAKING THE WORLD BETTER—ONE CHILD, ONE WORD, AND ONE SMILE AT A TIME.

13 SESSIONS  
 MINIMUM OF 4 STUDENTS

# FALL 2025 ASA THURSDAYS

## HOOPS, YOGA & CIRCUS EXPLORERS

**NEW!**

PREK 2:00PM-2:45PM; \$305

INTRODUCING THE ULTIMATE PROGRAM FOR EMERGING PK AND KINDER STUDENTS! OUR PROGRAM COMBINES CREATIVE MOVEMENT, HULA HOOPING AND CIRCUS ARTS WITH AGE APPROPRIATE MINDFULNESS AND YOGA LESSONS. IN EACH LESSON, YOUR STUDENT WILL LEARN THROUGH PLAY! IN ADDITION TO HULA HOOP TRICKS, THEY'LL TRY A VARIETY OF CIRCUS SKILLS LIKE SCARF JUGGLING AND PLATE SPINNING, LEARN ABOUT BREATHWORK AND YOGA POSES THROUGH GAMES, DAILY STRETCHING PLUS ARTS/CRAFTS AND SO MUCH MORE! OUR MULTIFACETED APPROACH CREATES A FUN AND ENGAGING CLASS WHILE ALSO PROMOTING AGE APPROPRIATE PHYSICAL FITNESS AND COGNITIVE DEVELOPMENT.

13 SESSIONS  
MINIMUM OF 6 STUDENTS

## CHESS

PRE-K 2:00PM-2:45PM; \$455

K-5TH 3:30PM-4:45PM; \$585

LITTLE GENIUSES IS A CHESS-SONG SINGING, LAUGHING, CHESS-TOURNEY, DANCING, CHESS CLOCK-SLAPPING, ZANY CHESS VIDEO, PUPPET SHOW INTRODUCTION TO CHESS. WE PUT ON A HIGH-ENERGY CHESS PRACTICE WHERE KIDS PLAY CHESS FOR PRIZES, IN OUR DEVELOPMENTALLY TARGETED, INFECTIOUSLY-FUN THINKING ACTIVITIES. THE KNIGHT SCHOOL IS THE CHESS PROGRAM FOR THE WELL-ROUNDED KIDS OF AMERICA. YOUR STUDENT WILL STRENGTHEN CRITICAL THINKING SKILLS THAT WILL LEAD TO SUCCESS IN SCHOOL AND IN LIFE.

13 SESSIONS  
MINIMUM OF 3 STUDENTS

## HULA HOOPS

K-4TH 3:30PM-4:30PM; \$305

OUR UNIQUE PROGRAM COMBINES CIRCUS STYLE PERFORMANCE ART, PLAY AND CREATIVE MOVEMENT WITH THE FUN OF HULA HOOPS! THIS MULTIFACETED APPROACH CREATES A HIGH ENERGY AND ENGAGING CLASS WHILE ALSO PROMOTING PHYSICAL FITNESS AND COGNITIVE DEVELOPMENT. CLASSES CONSIST OF STRETCHING, GAMES, IMPRESSIVE TRICKS AND CHALLENGING NEW HOOP SKILLS! HOOPING BUILDS STRONG BODIES AND MINDS, IMPROVING CONFIDENCE AND STAMINA WITH EVERY SINGLE CLASS! FAMILIES ARE INVITED TO WATCH OUR WINTER SHOWCASE ON CAMPUS DURING OUR LAST CLASS TO SEE ALL THE AMAZING THINGS YOUR STUDENT HAS LEARNED WITH US THIS SEMESTER!

13 SESSIONS  
MINIMUM OF 6 STUDENTS



# FALL 2025 ASA FRIDAYS

## JUNIOR ATHLETES

2'S - 12:30PM-1:00PM; \$350  
 3'S - 1:15PM-1:45PM; \$350  
 PRE-K - 2:00PM-2:45PM; \$350  
 K- 2ND - 3:30PM-4:15PM; \$350

SPORTS LESSONS (SOCCER, BASKETBALL, BASEBALL, FOOTBALL, TENNIS) ALONG WITH FUN FITNESS ACTIVITIES (OBSTACLE COURSES, BOWLING, SCOOTER BOARDS, RELAY RACES, ETC.) WILL BE INTRODUCED. OLDER STUDENTS WILL BE CHALLENGED WITH MORE ADVANCED SKILLS & DRILLS. GROUPS WILL PRACTICE COOPERATION, SPORTSMANSHIP, & TEAMWORK.

12 SESSIONS  
 MINIMUM OF 5 STUDENTS

## GOLF

3S - 12:30PM-1:00PM; \$390  
 PREK - 2:00PM-2:30PM; \$390

TEACHES KEY CHARACTER EDUCATION SKILLS THROUGH THE HISTORIC AND LIFELONG GAME OF GOLF. WE TEACH THE INTRICACIES OF THE WHOLE GAME OF GOLF, EVERYTHING FROM THE HISTORY OF THE GAME TO SCORING, TO THE FULL SWING, TO PUTTING, CHIPPING, ALL WHILE INCORPORATING A WHOLE LOT OF FUN. OUR LESSONS ALSO INCLUDE KEY CHARACTER TRAITS NEEDED FOR THE GAME OF GOLD AS WELL AS LIFE. OUR MISSION IS TO IMPACT THE LIVES OF THESE PRECIOUS LITTLE BIRDIES BY EXPOSING THEM TO A GAME THAT THEY WOULD NOT READILY PARTICIPATE IN, THUS, PROVIDING ANOTHER OPTION FOR THEIR SUCCESS ALL WHILE TEACHING AND MODELING KEY CHARACTER LESSONS THAT WILL IMPROVE HIM/HER.

12 SESSIONS  
 MINIMUM OF 5 STUDENTS

## COOKING

PRE-K - 2:00PM-2:45PM; \$500  
 K- 5TH - 3:30PM-4:30PM; \$500

IF YOUR CHILD LOVES TO HELP OUT IN THE KITCHEN THEN COOKLEARNGROW IS JUST FOR THEM! THE FALL CURRICULUM FEATURES NEW SEASONAL RECIPES, FOCUSING ON AGE-APPROPRIATE COOKING TECHNIQUES, FOOD ORIGINS, BALANCED DISHES, AND KITCHEN SAFETY –ALL WHILE HAVING DELICIOUS, HANDS-ON FUN! STUDENTS GAIN SELF-CONFIDENCE WHILE REINFORCING MATH, READING, SCIENCE, AND SOCIAL SKILLS. PLEASE NOTE WE ONLY ACCOMMODATE NUT ALLERGIES; WE ARE UNABLE TO ACCOMMODATE EGG, GLUTEN, OR OTHER FOOD ALLERGIES. OUR COOKING KIT AND INGREDIENTS ARE KOSHER. LET YOUR CHILD SAVOR THE JOY OF CULINARY EXPLORATION WITH COOKLEARNGROW!

12 SESSIONS  
 MINIMUM OF 8 STUDENTS